

## WALK THROUGH OF THE MASS

### **A) INTRODUCTORY RITES**

**At the Chair before beginning:**

- Entrance Procession (Singing unites us in one Spirit)
- Kiss Altar (Christ is Cornerstone and Rock of the Church)
- Sign of the Cross (Liturgical Prayer to Father through Son and in Holy Spirit, Sign of Baptism and Salvation)
- Greeting (Biblical Formula from the Gospel or St. Paul)
- Penitential Rite (Greek Kyrie, daily conversion and mercy of God)
- Gloria (Hymn of Worship and Praise to the one God)
- Opening Prayer (Collect: Invitation to pray, theme and focus of the Mass celebration)

### **B) LITURGY OF THE WORD (Proclamation of the Word of God)**

**At the Chair before the Readings:**

- Synagogue Liturgy (2 readings, sing psalm, sermon and prayer)
- Catholic Liturgy (3 Readings from 3 year cycle, psalm, OT paired thematically with the Gospel, Sit for attentive listening of first 2)
- Gospel \*\*\*(Stand in honor, Alleluia, Trace the triple Cross)
- Homily (Explanation of the Word and Exhortation to apply it)
- Speakers (Spiritual Addresses to build up our Community)

**At the Chair after the Homily:**

- Creed (Profession of Faith: Nicene-Constantinople Creed in 325)
- General Intercessions (Jewish origins: petitions, needs of world and Church)

### **C) LITURGY OF THE EUCHARIST (Proclamation of Actions of Christ)**

**At the Chair before Gifts brought forth:**

- Preparation of the Gifts (Bread and Wine, Sacrifice, self-offering)
- Commingling (Drop of Water = Church mixed with Wine = Christ)

**At the Altar before offering the Gifts:**

- Blessing Prayer (Jewish Liturgy)
- Washing Hands (Jewish ritual purification by Temple priests)
- Prayer over the Gifts (Asking God to accept our gifts)

**At the Altar before the Preface:**

- **Preface (Introduction and Invitation to give thanks to God, Sanctus welcomes the holiness of God)**
- **Eucharistic Prayer (Kneel in thanksgiving to God for Jesus, the Spirit is called down to bless the gifts of bread and wine)**
- **Consecration \*\*\* (Institution of Eucharist separating Christ's Body and Blood in sacrifice, Memorial of dying and rising)**
- **Great Amen (Trinity, Doxology)**

**At the Altar before the Our Father:**

- **Communion Rite (Lord's Prayer and Sign of Peace)**
- **Breaking of Bread (Lamb of God, commingling Bread and Wine as one person, Passover Meal of taking, blessing, breaking and giving)**
- **Communion Procession (Sign of full communion with the Catholic Church, Catholic Identity, Bow in reverence before receiving)**
- **Blessing for those not receiving (Welcome to all in the assembly)**
- **Prayer After Communion (Silence that Sacrament may bear fruit)**

**D) CONCLUDING RITE**

**At the Chair the Announcements:**

- **Announcements (Weekly Notices and Special Recognitions)**
- **Final Blessing (Mission and Sending forth)**
- **Recessional (Going forth to live the Word and Eucharist)**