

Instructions for Eucharistic Adorers:

Thank you for taking an hour of Adoration.

- * Eucharistic Adoration is located in the Daily Chapel in the church.
- * *Please remember to sign in.* The sign-in book is on the stand outside the chapel.
- * Remember that as a scheduled adorer, you are also the guardian of the Blessed Sacrament, so please *never leave Our Lord alone.*
- * Out of common courtesy all adorers should be on time. **Please be prompt.** The adorers you relieve might not be able to stay.
- * Please do not leave until the next group of adorers arrives. If the next group should not arrive, please call the back-up person (Adoration Coordinator) for the day. Contact phone numbers (and names) are included on the left side of the sign-in book, in the binder's pocket.
- * In case of emergency, all three doors from the daily chapel take you almost directly to the outside.

If you cannot attend your Holy Hour:

Please check with your prayer partner. Adorers sharing the same Holy Hour are considered "prayer partners." We hope to have at least 2 or 3 people, prayer partners, scheduled per hour. If a prayer partner will be there, it is not necessary to find a substitute. It is helpful to also copy/email the Adoration Coordinator for your day to let her know that you will be gone.

If there is no prayer partner for the hour, please consider asking someone to substitute, such as a family member, friend, neighbor, parishioner, etc. Asking those who may not attend Adoration regularly, or who may have never gone to Adoration before, if they will substitute, is a wonderful way to evangelize.

How to make a Holy Hour:

Upon entering the Chapel, reverently genuflect or bow to Jesus personally present in the Most Blessed Sacrament.

Speak to Jesus as you would speak to your best friend.

Spend some time listening to Him with your heart and mind.

Read the Bible, pray the rosary, pray the chaplet of Divine Mercy, or pray from your favorite prayer book.

Remember you offer the hour and Jesus makes it Holy.

MY HOLY HOUR:

ON _____ FROM _____ TO _____

When St. Faustina was praying before Jesus in the Holy Eucharist, he showed her a vision. Each time a person entered the chapel and visited Jesus exposed in a monstrance, she saw His Divine Rays of Love and Mercy burst forth and encircle the whole world and everyone in it with graces and blessings! Thank you for all the blessings your hour of adoration will bring!